



Chattanooga's Program In Women's Oncology  
 Comprehensive Cancer Care for Women  
*Let us guide you through your storm.*

102 Central Avenue  
 Chattanooga, Tennessee 37403  
 Phone: (423) 266-3636  
 Fax: (423) 266-3633

**PRE-OPERATIVE INSTRUCTIONS**

Date of Surgery: \_\_\_\_\_ Hospital: \_\_\_\_\_  
*(The hospital will call you and tell you when to come in for your surgery.)*

**BOWEL PREPARATION:**

Get these meds at your local pharmacy, over the counter:

Fleet® Phospho-soda® EZ-Prep™ - and - Dulcolax® Tablets – and – Magnesium Citrate

- A) One (10 ounce) bottle of Magnesium Citrate at **12 noon** the day before surgery.
- B) Clear liquid diet the day before surgery. (Example: Sodas, tea, clear juices, popsicles, Jello, broth).

-- AND --

**10:00 a.m.:** Fleet® Phospho-soda® EZ-Prep™ 45ml (cc) with (2) Dulcolax® tablets then, **REPEAT AT...**

**2:00 p.m.:** Fleet® Phospho-soda® EZ-Prep™ 45ml (cc) with (2) Dulcolax® tablets.

- C) Two-day bowel preparation (see the nurse for additional instructions and prescriptions).

**DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.**

**HOME MEDICATION INSTUCTIONS:**

- NO Aspirin or Ibuprofen (Advil, Aleve, Naprosyn, etc.) for 7 days before surgery.
- NO Vitamin or Herbal supplements for 7 days before surgery.
- NO Glucophage (Metformin) or Avandia (Rosiglitazon) for 48 hours before surgery.
- NO Insulin the morning of the surgery.
- NO DIET PILLS FOR 7-14 DAYS BEFORE SURGERY.
- Last dose of COUMADIN\_\_\_\_\_.
- YES Take your heart, lung, and blood pressure medication the morning of the surgery.

**OTHER INSTRUCTIONS:**

- No alcohol 24 hours prior to surgery.
- Do not bring jewelry or valuables to the hospital.
- Do not wear lotion, powder, makeup or nail polish on the day of surgery.
- \_\_\_\_\_

**If you have any questions Please call Michelle at (423)-266-3636**